

# PORTUGAL'S CLASSICAL DRESSAGE PROGRAM





he Monte Velho stud farm, which is your base for the week, is located in the Alentejo region of Portugal, an easy car ride from Lisbon. Monte Velho Stud Farm is famous both nationally and internationally for their breeding program of Lusitano horses. It is a common sight to see many of their progeny in the highest circles of competition in both Europe, Brazil and elsewhere.

Whichever program you choose, the trainers and their team of willing and fun Lusitanos will give you a vacation to remember for a lifetime.



#### **HORSES**

The horses are pure bred
Lusitanos and they are trained
through Grand Prix level.







1-18 MEMBERS



country PORTUGAL



airport LISBON



accommodation HOTEL







\*\*\*Note: on some weeks, final riding sessions may need to be taken on Saturday AM prior to departure.
Additionally, guests are encouraged to view the daily schedule each morning as sometimes it changes from day to day.

## Instructors & RIDING CENTER

#### Instructors

Coralie Baldrey has offered exceptional dressage training to riders of all levels for the past twenty years. In 2015, she teamed up with Monte Velho, a distinguished Lusitano breeding and premier guesthouse operator, to make this experience even better. As the head trainer at Monte Velho, she is the crux of the energetic and creative team of trainers. No matter which trainer you have, her established training model, which is the guideline for the entire team, embodies an easy style of teaching with clearly communicated concepts. The team of trainers have a talent for working collaboratively with both horse and rider to help bring out the innate talent of each and specialize in reaching riders at any level to help them advance their riding by better communication with their horses. The horses are pure bred Lusitanos and they are trained through Grand Prix level.



As a breeding operation, Monte Velho has several internationally recognized competitive dressage horses and is also well represented in competitive global teams.

On some weeks, guests may have the chance to observe Coralie training resident rider Joao Torrao, a current member of the Portuguese Olympic Dressage team.

#### Accommodation

The accommodation dates back to the Roman era and has been carfully and luxuiously added on to over the years. The entire structure is designed for comfort,



maintaining integrity to the local roots and to showcase the wonderful views of the countryside. You will find your room to be comfortable, clean and tranquil – a perfect place to hone your dressage skills and then relax when not riding. Additionally, all meals are made and served on premise.

Rooms are all Premium grade, based on availability.







## In The NEWS

### DRESSAGE

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HOME » LIFESTYLE » INTERNATIONAL TRAVEL » MONTE VELHO: AN EQUESTRIAN PARADISE

#### Monte Velho: An Equestrian Paradise

This Lusitano stud farm and resort offers international-caliber riding instruction with local flavor.

BY ANNIE MORRIS | OCTOBER 19, 2017 | 11 MINUTES READ

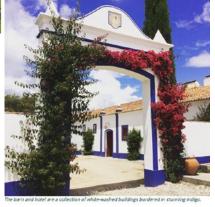


A herd of young horses lives in a pasture just beyond the outdoor arena.

Driving east from Lisbon, Portugal, across the Tagus River, you discover that cities become towns, highways become two-lane roads and, as you get closer to the Monte Velho Equo-Resort in the Alentejo region, the roads finally turn to dirt washboards. The lush climate dries and the trees become small and scrubby. The small towns are surrounded by vast farmlands, fields dotted with a confetti of sheep, vineyards and cork trees. When you arrive at the stud farm, you walk up a cobbled driveway and enter through a white-washed arch, under which an iridescent peacock picks at the ground among a rainbow of flowers.







"My third time in this fabulous resort and again it did not disappoint me. Although only 1.5 hrs away from Lisbon, you are in a totally different world: absolutely peaceful and stunning family owned location with horses to dream of. The instructors are top notch – all of them active Grand Prix riders. Add the design accommodation and the home made fresh, seasonal cuisine from the region and you have all the ingredients for a truly relaxing and unforgettable vacation. It also helps that you are not far away from Unesco World Heritage sites (e.g. Evora) and other places worthy to visit should you wish for a change of scenery."

Patrick L.

"We had a wonderful time at Monte Velho!I worked on getting the horses collected and straight. On the last day I asked to learn the half pass, and was successful in all 3 gaits, which was great! Then the instructor asked if I'd like to try a passage and piaffe!! Naturally, I said, "sure!!! It was exceptionally exciting and fun. Also, the facility was wonderful, as was the food. Overall, we had fantastic time, and will highly recommend it to others!" **Diane B.** 

### Riding PROGRAMS

#### Program 1

#### Dressage Lessons and Trail Riding

This program features one dressage lesson in the morning and a 1.5 hour trail ride in the afternoon. It is designed for riders that feel comfortable at all paces.

#### Program 4

#### Trail Riding

Trail rides (2 per day) are conducted at a leisurely pace but there are places for ample trotting and cantering. Trail rides are conducted to the level of the lowest rider.

#### Non-Rider

(must share a room)



#### Program 2

#### Intensive Dressage Lessons

This program features two lessons in dressage: one in the morning and another in the afternoon. One afternoon lesson will be substituted by a trail ride. This program is designed for any level.

#### Program 3

#### Dressage Light

This program features one hour dressage lesson daily. It is designed for any level rider.



#### **INCLUDED:**

6 nights accommodation 5 days of riding | All meals | Wine with meals Horse and all tack | Instruction and guiding servicess | All local taxes

#### NOT INCLUDED:

Airfare | Airport transfers
Travel Insurance | Beverages outside of meals
Gratuities for the team at the
end of the stay